

Connect

Where would you go to find a Christian mentor? What places would you check first? Would you include prisons? Why or why not?

Verses - Ephesians 4:1-6 (CSB)

CONTEXT: In the first three chapters, Paul writes about what God has done for Christians. In the remainder of this letter, he explains how Christians should live.

[1] Therefore I, the prisoner in the Lord, urge you to walk worthy of the calling
you have received, [2] with all humility and gentleness, with patience, bearing
with one another in love, [3] making every effort to keep the unity of the Spirit
through the bond of peace. [4] There is one body and one Spirit—just as you
were called to one hope at your calling— [5] one Lord, one faith, one baptism, [6]
one God and Father of all, who is above all and through all and in all.

Study

1. What is the “calling” that Paul’s readers have received? (v.1)
   a. Why should they “walk” in a certain way because of this calling?
   b. What does it mean to practically “walk”:
      1. with all humility and gentleness?
      2. with patience?
      3. bearing with one another in love?
      4. making every effort to keep the unity of the Spirit through the bond of peace.

2. What is the one hope to which all of Paul’s readers were called? (v.4, 1:18-19)
   a. Paul uses “one” seven times in vv.4-6. What point is Paul making by emphasizing the word “one” so strongly? (v.3)

APPLY: What scripture or Biblical examples motivate you to walk in a way worthy of your calling?

DISCUSS: Paul reminded his readers that he is a “prisoner in the Lord.” (3:1, v.1) What does this say about Paul’s "walk"? (1:1) Why would this have been important to Paul’s readers? Why is it important to us today?

Share

Think about times when you failed to “walk worthy of the calling you have received.”

What got you through such times? Share your experiences through God’s grace, that may be helpful for others to know.

Grow

Minister to one another through sharing praise and specific prayer requests.

- Pray for the ability to walk in the Spirit, worthy of your calling.
- Pray for the impact of understanding the magnitude of His grace.