

Week of February 4 - Belt of Truth

Small Group Lesson 23

Connect

How would you go about checking to see if something you heard is true?

If you cannot find out, what is your next best option?

Verses - Ephesians 6:14a (CSB)

14 Stand, therefore, with truth like a belt around your waist...

Study

1. According to Paul, in Ephesians 6:11, why should we “put on the full armor of God?”
2. Do all “schemes of the devil” involve deception? Why is this his way of doing things? (Genesis 3:1-13, Matthew 4:1-11, John 8:44)
3. How can we be certain that something is untrue? How can we be certain that something is true? (John 8:18, 31-32; 14:6, 15-17; 17:13-21; 18:37; 1 John 4:1-6)
4. What is our common standard for recognizing and understanding truth? (2 Peter 1:15-21; 3:2; 2 Timothy 3:15-17; Hebrews 1:1-2)

APPLY

How does regarding truth as a belt or armor, and not as a weapon, apply? (Ephesians 6:10-14) When can the truth as armor become too heavy, and so how are we to respond appropriately?

DISCUSS

What are some common or popular untruths today? How does the Word of God respond to them? (1 Thessalonians 2:18; 2 Corinthians 2:11, 4:4, 10:4-5; 1 Peter 5:8-10)

Share

Talk about a time you used Biblical truth to remain steadfast in your faith or to defend your faith. What was the outcome?

Grow

Based on what you have studied today, in prayer: What might you be able to confess? What can you praise God for who He is? What can you thank Him for? Finally, take prayer requests and pray for each other. Have someone pray the Lord’s Prayer before closing.