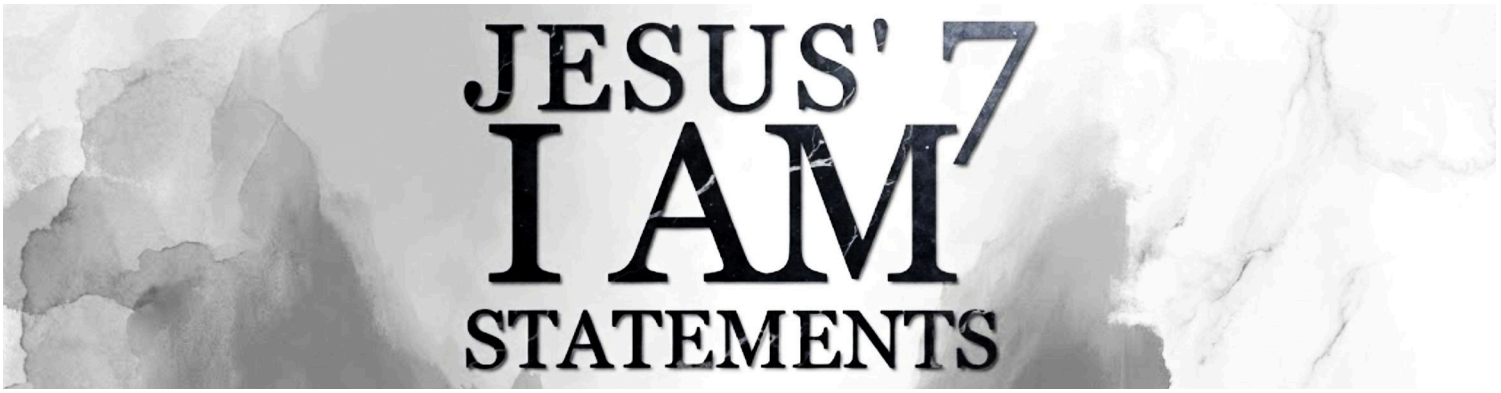


Week of December 29, 2025 - I AM The Bread of Life | Small Group Lesson

Connect

What are the common physical and spiritual signs that indicate you are "hungry?"

Verses - John 6:35 (CSB)

*To understand the context, read the entire passage: Jn 6:22-59

35 "I am the bread of life," Jesus told them." No one who comes to me will ever be hungry, and no one who believes in me will ever be thirsty again.

Study & Apply

1. Read John 6:22-34 and answer these questions:
   - Why do you think Jesus did not directly answer the crowd's question, "Rabbi, when did you get here?"
   - What was his answer instead? What does "the way Jesus replied to them" tell you about him?
   - According to Jesus, what is the work of God? In other words, what is it that God requires from people (John 6:29)? What are some other Bible verses that convey the same truth?

2. The phrase, "I AM" is what the LORD revealed to Moses about his name (Exodus 3:13-15, John 6:35). Why did Jesus use the same name for himself? What gave him the authority to do so (John 6:27, 32, 46)?

3. If someone is spiritually hungry, what does he or she have to do to satisfy his or her hunger (John 6:35, 53-56)?

4. What is the contrast between the manna given to the Jews' ancestors in the wilderness and Jesus the bread of life (John 6:30-32, 47-51)?

5. What are some ways you and your small group can plan and do to share with non-believers that Jesus is "the Bread of Life"?

Minister to one another through sharing specific prayer requests.

PDF of this lesson: t-b-c.us/sg5325p Lesson verses: t-b-c.us/sg5325