Message Outline



Test the Spirit

1 John 4:1-6

I. Introduction

II. Test the Spirit

1 John 4:1 (CSB)

[1] Dear friends, do not believe every spirit, but test the spirits to see if they are from God, because many false prophets have gone out into the world.

1 John 4:2-3 (CSB)

[2] This is how you know the Spirit of God: Every spirit that confesses that Jesus Christ has come in the flesh is from God, [3] but every spirit that does not confess Jesus is not from God. This is the spirit of the antichrist, which you have heard is coming; even now it is already in the world.

“In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning.” (John 1:1-2, CSB)

1 John 4:4-5 (CSB)

4 You are from God, little children, and you have conquered them, because the one who is in you is greater than the one who is in the world. 5 They are from the world. Therefore what they say is from the world, and the world listens to them.

“But I tell you, everyone who looks at a woman lustfully has already committed adultery with her in his heart.” (Matthew 5:28, CSB)

“Marriage is to be honored by all and the marriage bed kept undefiled, because God will judge the sexually immoral and adulterers.” (Hebrews 13:4, CSB)

“Do not be deceived: No sexually immoral people, idolaters, adulterers, or males who have sex with males, no thieves, greedy people, drunkards, verbally abusive people, or swindlers will inherit God’s kingdom.” (1Corinthians 6:9b-10, CSB)

“Instead, he is to do honest work with his own hands, so that he has something to share with anyone in need.” (Ephesians 4:28b, CSB)

“But in humility consider others as more important than yourselves.” (Philippians 2:3b, CSB)

“But serve one another through love.” (Galatians 5:13b, CSB)

1 John 4:6 (CSB)

6 We are from God. Anyone who knows God listens to us; anyone who is not from God does not listen to us. This is how we know the Spirit of truth and the spirit of deception.

Takeshi Yozawa
Tokyo Baptist Church
Feb 28 & Mar 1, 2026

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