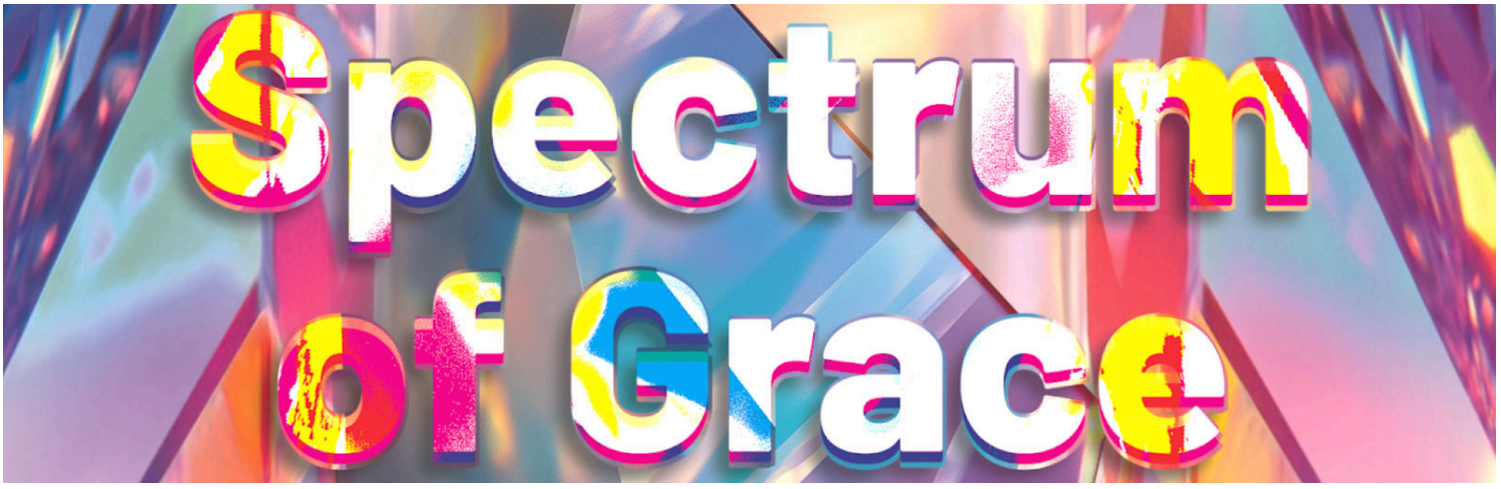


Week of March 8, 2026 - Spiritual Plasticity Small Group Lesson 11

Connect

Have you ever been given a new title, promotion, or responsibility, but you still felt like an amateur trying to fake it? How long did it take for your mindset to catch up to your new title?

Verses - Ephesians 4:14-16 (NKJV)

Read aloud:

14 that we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness of deceitful plotting, 15 but, speaking the truth in love, may grow up in all things into Him who is the head—Christ— 16 from whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love.

Briefly restate the context. How is it encouraging, challenging, comforting, etc.?

Study

Answer the questions together based on the Bible verses:

1. According to v.14, what characterizes a "child" in the faith? What are they vulnerable to?

2. Paul gives a specific two-part formula for how the church is supposed to grow up into Christ. What are the two elements we must combine?

3. In biological terms, the brain is the last thing to fully mature (neuroplasticity). How and why does the church's growth happen in reverse? (v.15)

4. Why is everyone doing it's share a key component of the growth of the body (v.16)?

Share

Discuss 1:
Pastor Jesse shared a story about an office worker, turned president with the wrong mentality. As believers, our "business card" says KINGDOM AMBASSADOR. That is our permanent identity. However, we have to mentally choose to step into the Ambassador's shoes and act like it. Where in your life are you still living with an "assistant" mentality instead of walking confidently in the authority and love of your new identity?

Discuss 2:
How have you been advancing the Kingdom of God personally? Do you talk about Christ and the gospel or about church? Which one would you choose and why?

Minister to one another through PRAYER sharing specific prayer requests.