

Week of September 6th, 2026 - I AM The Way, The Truth, and The Life | Small Group Lesson 6

Connect

- Do you know the number of main routes to reach the top of Mt. Fuji? Can you identify them?
- Have you ever wondered whether some people approach their spiritual journey like climbing Mt. Fuji—taking different trails to reach the summit—believing there are many ways to God? Can you think of a belief system that welcomes the idea that anyone can find salvation, regardless of who or what they believe?

Verses - John 14:1–7 (CSB)

1 “Don’t let your heart be troubled. Believe in God; believe also in me. 2 In my Father’s house are
many rooms. If it were not so, would I have told you that I am going to prepare a place for you? 3 If I
go away and prepare a place for you, I will come again and take you to myself, so that where I am you
may be also. 4 You know the way to where I am going.” 5 “Lord,” Thomas said, “we don’t know where
you’re going. How can we know the way?” 6 Jesus told him, “I am the way, the truth, and the life. No
one comes to the Father except through me. 7 If you know me, you will also know my Father. From
now on you do know him and have seen him.”

Discuss & Apply

1. Take a moment to read these passages (John 11:25–26, 53; 12:11; 12:43; 13:1, 21–30, 36–38) and describe the situation of Jesus and his disciples.

2. Considering the situation described earlier, why does Jesus instruct his disciples not to let their hearts be troubled? How does he want them to apply this instruction, and what is it based on? How do you personally practice the same instruction in your own life right now? (John 14:1–4)

3. Jesus tells his disciples they know the way to where he is going (14:4), but Thomas says they don’t. After about three years with Jesus, why don’t they know the way? What might they have missed during their time with him? In your personal walk with Jesus, have you ever missed something about him? How can you know you’re deepening your faith?

4. What does Jesus mean when he claims to be “the way, the truth, and the life”? Explain the connection between Jesus and his Father. (John 14:6–7)

5. How does Jesus’ statement, “I am the way, the truth, and the life,” inspire and influence your life as a believer? In what ways does it help guide your priorities and decisions every day? (John 14:6a)

6. What ways can you and your small group use to share with non-believers that Jesus is “the way, the truth, and the life”? Exchange outreach ideas within your group, then pray about trying at least one.

Minister to one another through sharing specific prayer requests.

Lesson PDF: gotbc.org/sg3626p Lesson verses: gotbc.org/sg3626