

Week of November 15, 2026 - The Mindset of the Spirit | Small Group Study 21

Connect

Tell us about a time you confidently pretended to understand a complicated movie plot, a deep conversation, or an inside joke, only to get called out or exposed later.

Verses - Romans 8:1-11 (CSB)

Read aloud:

1 Therefore, there is now no condemnation for those in Christ Jesus, 2 because the law of the Spirit of life in Christ Jesus has set you free from the law of sin and death. 3 For what the law could not do since it was weakened by the flesh, God did. He condemned sin in the flesh by sending his own Son in the likeness of sinful flesh as a sin offering, 4 in order that the law's requirement would be fulfilled in us who do not walk according to the flesh but according to the Spirit. 5 For those who live according to the flesh have their minds set on the things of the flesh, but those who live according to the Spirit have their minds set on the things of the Spirit. 6 Now the mindset of the flesh is death, but the mindset of the Spirit is life and peace. 7 The mindset of the flesh is hostile to God because it does not submit to God's law. Indeed, it is unable to do so. 8 Those who are in the flesh cannot please God. 9 You, however, are not in the flesh, but in the Spirit, if indeed the Spirit of God lives in you. If anyone does not have the Spirit of Christ, he does not belong to him. 10 Now if Christ is in you, the body is dead because of sin, but the Spirit gives life because of righteousness. 11 And if the Spirit of him who raised Jesus from the dead lives in you, then he who raised Christ from the dead will also bring your mortal bodies to life through his Spirit who lives in you.

Briefly restate the context. How is it encouraging, challenging, comforting, etc.?

Study

Answer the questions together based on the Bible verses:

1. According to v.1, for whom is there now no condemnation? What is condemnation?

2. According to v.2, what has set believers free from the law of sin and death? What does it mean to be set free?

3. For v.6, what are the two outcomes of the mindset of the flesh and the mindset of the Spirit?

4. In v.8, who cannot please God? What does that look like in the life of the believer?

Share

Discuss 1

Pastor Takeshi shared how he momentarily forgot his father had passed away, realizing he had to adjust to the new reality. Where in your life are you still acting out of old habits, forgetting that the Spirit has given you a new reality? What is one practical way you can sync your mind to this truth today?

Discuss 2

Pastor Takeshi mentioned counseling people with short tempers or addictions who felt their situation was "inevitable" and "just who they are" until they realized reality had changed. What is a specific struggle, attitude, or reaction in your own life that you have quietly accepted as just "who you are," and what is one practical step you can take to stop accepting it as inevitable and instead rely on the Spirit's power to change?

Minister to one another through PRAYER sharing *specific* prayer requests.